

Friendship Bracelet with beads

supplies

- Embroidery Floss-2-4 colors
- Alphabet beads

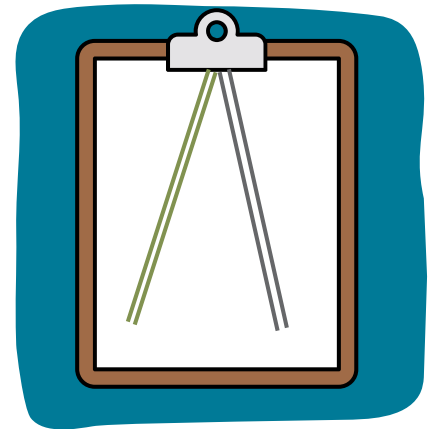
tools

- Clipboard or Tape
- Scissors
- Needle

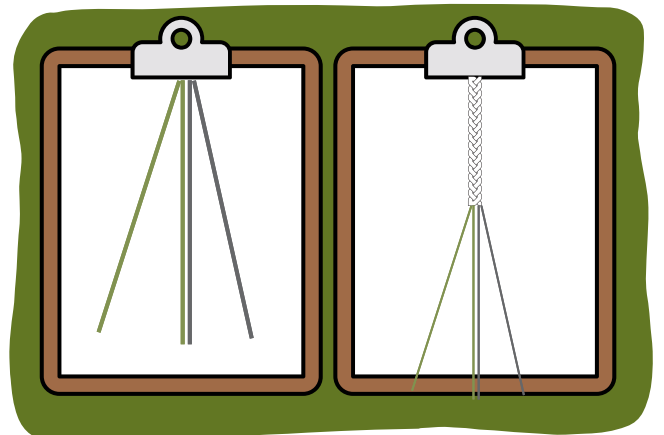
instructions

1 Cut (2) strands of embroidery floss each 40-48 in. long.

2 Fold the (2) strands in 1/2 and tie a knot right below the fold, and put them under the clipboard or tape to the table.

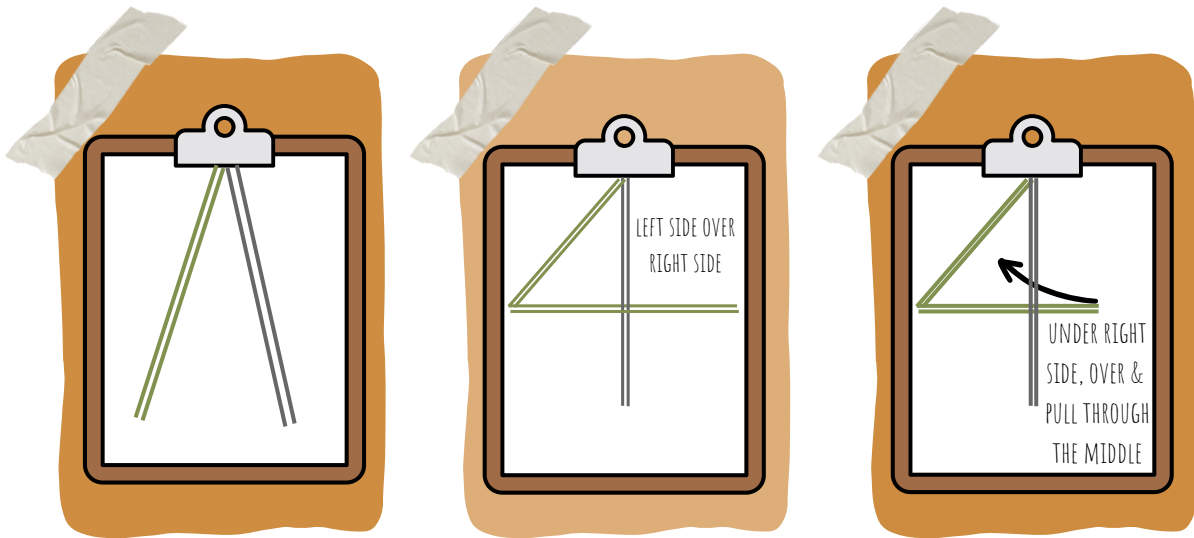


3 Separate the (4) strands into 3 sections. Braid 1"-2", then tie a knot.

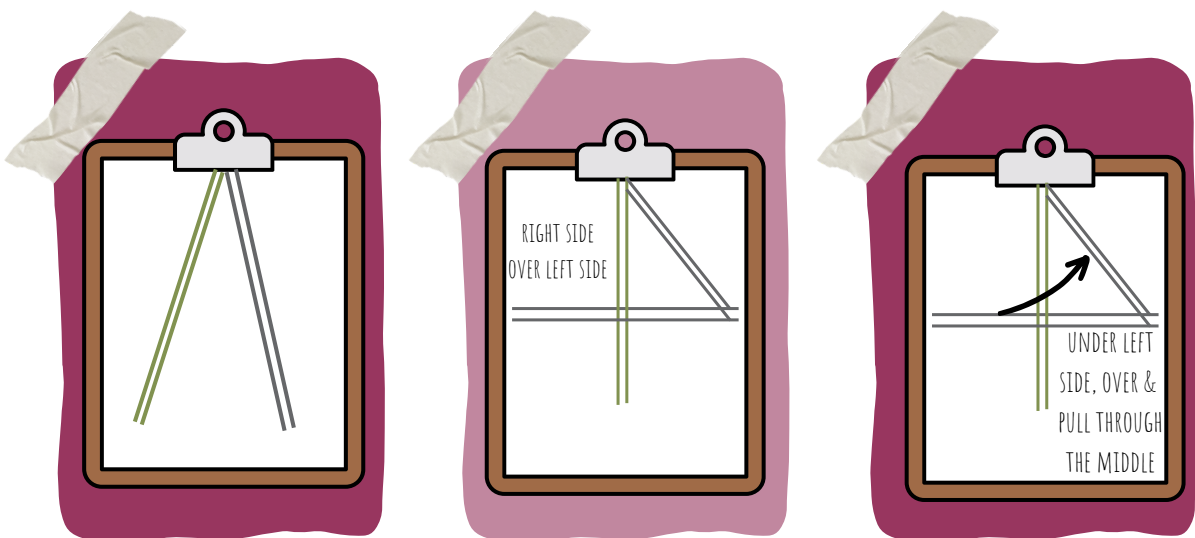


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- 4 Now separate the (4) strands into 2 sections. Take the left strand over the right strand into a "4" shape. Then take the left strand under the right strand and through the loop and pull tight.



- 5 Repeat on the right side starting with a backward "4" shape, taking the right strand under the left strand and through the loop and pull tight.



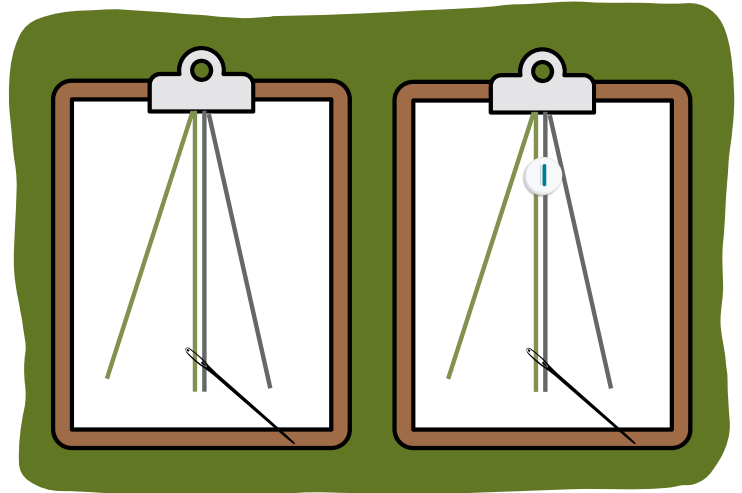
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6

Continue this pattern until you get to almost the middle of the bracelet.

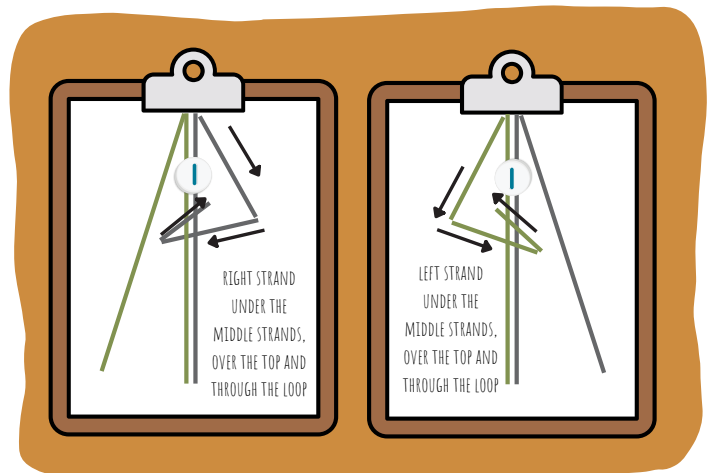
7

Add beads: Separate the strands (1) on the left, (2) in the middle, and (1) on the right. Thread your needle onto the middle strands, and the first bead onto the two middle strands.



8

Take the right strand under the middle strands, over the middle strands, and through the loop, and repeat on the left side to secure the bead. Continue until you have added all of the beads, and secured them.



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9 Divide the strands back into (2) sections, and continue the pattern from #5-6 for 1"-2". Tie a knot.

10 Braid to the end and tie a knot.



11 To add an adjustable closure: overlap the two braided ends and tape the beginning and the end. Cut about a 7" piece of thread and place it under the braids.



OVERLAP BRAIDS, TAPE DOWN



7" THREAD UNDER BOTH BRAIDS



LEFT THREAD OVER BRAIDS

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11



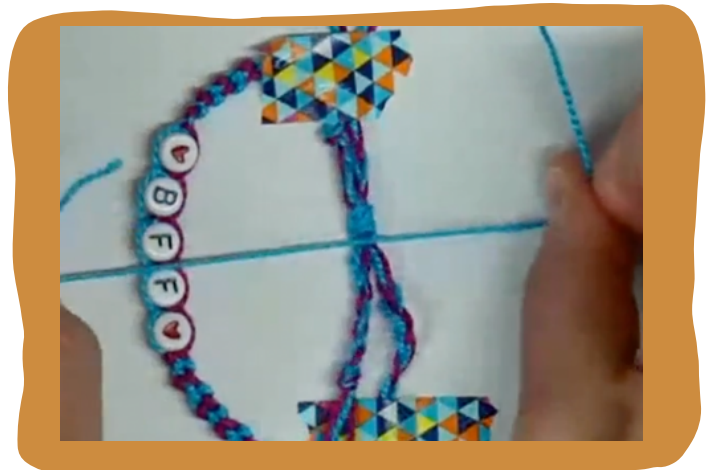
RIGHT THREAD UNDER BRAIDS,



PULL RIGHT THREAD THROUGH LEFT LOOP
AND PULL BOTH ENDS TO TIGHTEN.

12

Now start with the right strand and repeat step #11. Create about 5-6 and then tie 3 knots to secure, and finally trim the thread.



13

Now you have an adjustable friendship bracelet with beads, great job!

